

My Intentions and Desired Achievements for 2009 - Work Sheet

My Intentions	My Reasons WHY	Progress/Evaluation (Date Achieved/Other Comments)
Business/Career Intentions & Desired Achievements (goals)		
Business Development My Intentions: <hr/> My Specific Dreams & Desired Achievements (or goals) and state what and by when/date - 1. 2. 3. 4. 5.		
Career/Professional Development My Intentions: <hr/>		

My Specific Dreams & Desired Achievements

(or goals) - state what and by when/date -

- 1.
- 2.
- 3.
- 4.
- 5.

Financial Goals

My Intentions:

My Specific Dreams & Desired Achievements

(or goals) - and state what and by when/date -

- 1.
- 2.
- 3.
- 4.
- 5.

Personal Intentions and Desired Achievements

Health and Wellness

My Intentions:

My Specific Dreams & Desired Achievements

(or goals) and state what and by when/date -

- 1.
- 2.
- 3.
- 4.
- 5.

Relationship/s

My Intentions:

Specific Dreams & Desired Achievements (or goals) and state what and by when/date -

- 1.

- 2.
- 3.
- 4.
- 5.

Leisure Time

My Intentions:

My Specific Dreams & Desired Achievements

(or goals) and state what and by when/date -

- 1.
- 2.
- 3.
- 4.
- 5.

Personal Development

My Intentions:

My Specific Dreams & Desired Achievements

(or goals) and state what and by when/date)

- 1.
- 2.
- 3.
- 4.
- 5.

Social Responsibility/Giving Back/ Making a Difference

My Intentions:

Specific Dreams & Desired Achievements

(or goals) and state what and by when/date) -

- 1.
- 2.
- 3.
- 4.
- 5.

Other Notes

